

MAY 2013 Diabetes Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 DPP 5:30-6:30PM	2	3	4
5	6	7 BASIC DIABETES CLASS #1 1:30-3:30PM	8	9	10	11
12	13	14 BASIC DIABETES CLASS #2 1:30-3:30PM	15 MOTIVATION STATION 4-5PM	16	17	18
19	20	21 MEAL PLANNING CLASS 1:30-3:30PM	22 DPP 5:30-6:30P	23	24	25
26	27	28 CARBOHYDRATE COUNTING CLASS 1:30-3:30PM	29 DPP 5:30-6:30P	30	31	

JUNE 2013 Diabetes Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 BASIC DIABETES CLASS #1 1:30-3:30PM	5 DPP 5:30-6:30PM	6	7	8
9	10	11 BASIC DIABETES CLASS #2 1:30-3:30PM	12 NO DPP (Jess on Vacation)	13	14	15
16	17	18 MEAL PLANNING CLASS 1:30-3:30PM	19 MOTIVATION STATION 4-5PM DPP 5:30-6:30PM	20	21	22
23	24	25 CARBOHYDRATE COUNTING CLASS 1:30-3:30PM	26 DPP 5:30-6:30PM	27	28	29
30	31					

JULY 2013 Diabetes Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 DPP 5:30-6:30	4	5	6
7	8	9 BASIC DIABETES CLASS #1 1:30-3:30PM	10 DPP 5:30-6:30	11	12	13
14	15	16 BASIC DIABETES CLASS #2 1:30-3:30PM	17 MOTIVATION STATION 4-5:30PM DPP 5:30-6:30PM	18	19 PUMP GROUP 2-4PM	20
21	22	23 MEAL PLANNING CLASS 1:30-3:30PM	24 DPP 5:30-6:30PM	25	26	27
28	29	30 CARBOHYDRATE COUNTING CLASS 1:30-3:30PM	31 DPP 5:30-6:30			

AUGUST 2013 DIABETES CLASSES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6 BASIC DIABETES CLASS #1 1:30-3:30PM (JESS)	7 MOTIVATION STATION 4-5PM DPP 5:30-6:30PM	8	9	10
11	12	13 BASIC DIABETES CLASS #2 1:30-3:30P (JESS)	14 DPP 5:30-6:30PM	15	16	17
18	19	20 MEAL PLANNING CLASS 1:30-3:30PM	21 MOTIVATION STATION 4-5PM DPP 5:30-6:30PM	22	23	24
25	26	27 CARBOHYDRATE COUNTING CLASS 1:30-3:30PM	28 DPP 5:30-6:30PM	29	30	