

# Have you had BARIATRIC SURGERY?

If so, YOU ARE INVITED to

## "FINDING THE SLENDER BALANCE AFTER WEIGHT LOSS SURGERY"

*This monthly support group provides a unique combination of physical assessment, professional guidance and peer support in a medical environment.*

- ★ Optimize post-surgery weight loss, health & lifestyle changes.
- ★ Address your post-surgery nutrition, exercise, diet & medical concerns with help from Exercise Physiologists, Registered Dietitians as well as from peers who have had bariatric surgery.
- ★ Body composition & metabolism measurements each month using state-of-the-art Tanita BIA device.

**WHEN?** *Monthly--2nd Wednesdays of each month: 5:30-7:30 PM*

**RESERVATIONS and QUESTIONS:** *(505) 314-2025*

*(\$30 EACH CLASS OR \$150/6 MONTHS)*



**LOCATION:** *SOUTHWEST ENDOCRINOLOGY WEIGHT  
MANAGEMENT CENTER*

*4600A Jefferson Lane NE, Albuquerque NM*

SOUTHWEST ENDOCRINOLOGY

WEIGHT MANAGEMENT CENTER

Dedicated To Safe And Effective Weight Control

505-314-2025

[www.swendo.com](http://www.swendo.com)

**Live a life you love--  
healthy & fit!**